



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

Detailauswertung

Dieter, Alexander

Verein: Emergency room runners Frankfurt
Startnummer: 77

Strecke: 161,85 km
100MeilenBerlin

Kategorie:
Senioren M50 (50-54 Jahre)

Gesamt-Zeit: 28:10:38

Geschwindigkeit: 5,71 km/h
Laufleistung: 10:27 min/km

Strecken-Platzierung/Gesamt: 181 (von 296)
Strecken-Platzierung/Männer: 156 (von 247)
Bestzeit der Strecke: 13:40:11

Kategorie-Platzierung: 31(von 51)
Bestzeit in der Kategorie: 18:03:51

| Kontrolle | Zwischenzeiten | | | | | | | | Teilstreckenwertung | | | | | | | | Gesamtwertung | | | |
|---------------------|----------------|------------|--------------|------------|--------------|--------------|----------------|-----------|---------------------|---------------|------------|--------------|--------------|----------------|--|--|---------------|--|--|--|
| | Split km | Split Zeit | Split min/km | Platz Kat. | Rückst. Kat. | Platz Männer | Rückst. Männer | Gesamt km | Gesamt Zeit | Gesamt min/km | Platz Kat. | Rückst. Kat. | Platz Männer | Rückst. Männer | | | | | | |
| VP1 - S-Bahnhof | 6,93 | 48:53 | 7:03 | 44 | 15:35 | 197 | 16:37 | 6,93 | 48:53 | 7:03 | 44 | 15:35 | 197 | 16:37 | | | | | | |
| VP2 - Laufftreff Li | 5,70 | 41:52 | 7:20 | 45 | 14:13 | 208 | 15:56 | 12,63 | 1:30:45 | 7:11 | 43 | 29:48 | 204 | 32:33 | | | | | | |
| VP3 - Oranienbur | 5,47 | 42:38 | 7:47 | 47 | 16:26 | 220 | 18:52 | 18,10 | 2:13:23 | 7:22 | 46 | 46:07 | 214 | 51:24 | | | | | | |
| VP4 - Naturschut | 4,97 | 46:23 | 9:19 | 48 | 21:32 | 231 | 23:14 | 23,07 | 2:59:46 | 7:47 | 48 | 1:07:39 | 221 | 1:14:38 | | | | | | |
| VP5 - Frohnau | 6,80 | 57:58 | 8:31 | 49 | 25:14 | 225 | 27:40 | 29,87 | 3:57:44 | 7:57 | 48 | 1:32:53 | 224 | 1:42:12 | | | | | | |
| VP6 - Ruderclub | 4,06 | 44:28 | 10:57 | 50 | 22:59 | 223 | 25:59 | 33,93 | 4:42:12 | 8:19 | 49 | 1:55:52 | 223 | 2:08:11 | | | | | | |
| VP7 - Grenzturm | 4,75 | 47:25 | 9:58 | 50 | 22:02 | 231 | 26:37 | 38,68 | 5:29:37 | 8:31 | 50 | 2:17:54 | 225 | 2:34:48 | | | | | | |
| VP8 - Schönwald | 7,53 | 1:13:31 | 9:45 | 47 | 31:04 | 218 | 37:55 | 46,21 | 6:43:08 | 8:43 | 50 | 2:48:58 | 229 | 3:12:43 | | | | | | |
| VP9 - Falkenseer | 5,69 | 56:59 | 10:00 | 46 | 23:09 | 204 | 29:51 | 51,90 | 7:40:07 | 8:51 | 49 | 3:12:07 | 224 | 3:42:34 | | | | | | |
| VP10 - Karolinenl | 6,60 | 1:07:09 | 10:10 | 43 | 26:57 | 198 | 37:00 | 58,50 | 8:47:16 | 9:00 | 47 | 3:38:47 | 219 | 4:19:34 | | | | | | |
| VP11 - Pagel & Fi | 4,90 | 45:12 | 9:13 | 23 | 15:05 | 116 | 22:27 | 63,40 | 9:32:28 | 9:01 | 42 | 3:52:08 | 211 | 4:42:01 | | | | | | |
| VP12 - Schloss S | 7,62 | 1:33:56 | 12:19 | 42 | 45:43 | 201 | 58:09 | 71,02 | 11:06:24 | 9:22 | 41 | 4:37:51 | 205 | 5:40:10 | | | | | | |
| VP13 - Revierförs | 6,21 | 59:14 | 9:32 | 35 | 18:25 | 165 | 29:34 | 77,23 | 12:05:38 | 9:23 | 42 | 4:56:06 | 204 | 6:09:44 | | | | | | |
| VP14 - Brauhaus | 6,00 | 1:01:40 | 10:16 | 34 | 19:29 | 170 | 32:08 | 83,23 | 13:07:18 | 9:27 | 41 | 5:15:10 | 201 | 6:41:52 | | | | | | |
| VP15 - Gedenkst. | 6,90 | 1:16:04 | 11:01 | 40 | 30:56 | 184 | 41:21 | 90,13 | 14:23:22 | 9:34 | 42 | 5:41:27 | 197 | 7:23:13 | | | | | | |
| VP16 - Königswe | 6,87 | 1:17:28 | 11:16 | 35 | 28:46 | 179 | 43:44 | 97,00 | 15:40:50 | 9:41 | 40 | 6:10:13 | 192 | 8:06:57 | | | | | | |
| VP17 - Sportplatz | 6,20 | 1:22:14 | 13:15 | 33 | 37:25 | 153 | 50:37 | 103,20 | 17:03:04 | 9:54 | 40 | 6:46:53 | 192 | 8:57:34 | | | | | | |
| VP18 - Osdorfer | 6,49 | 1:09:40 | 10:44 | 31 | 23:19 | 148 | 35:43 | 109,69 | 18:12:44 | 9:57 | 38 | 7:08:11 | 181 | 9:33:17 | | | | | | |
| VP19 - Lichtenra | 5,71 | 1:02:42 | 10:58 | 33 | 22:44 | 146 | 33:23 | 115,40 | 19:15:26 | 10:00 | 38 | 7:27:51 | 179 | 10:06:40 | | | | | | |
| VP20 - Kirchhain | 4,35 | 59:14 | 13:37 | 36 | 27:57 | 172 | 34:56 | 119,75 | 20:14:40 | 10:08 | 36 | 7:51:25 | 176 | 10:41:36 | | | | | | |
| VP21 - Buckow | 6,15 | 1:12:36 | 11:48 | 32 | 29:18 | 149 | 37:36 | 125,90 | 21:27:16 | 10:13 | 35 | 8:18:05 | 176 | 11:19:12 | | | | | | |
| VP22 - Rudow | 4,97 | 56:55 | 11:27 | 29 | 19:34 | 122 | 35:32 | 130,87 | 22:24:11 | 10:16 | 34 | 8:33:04 | 167 | 11:47:28 | | | | | | |
| VP23 - Johannistl | 5,89 | 1:02:10 | 10:33 | 25 | 16:28 | 96 | 28:29 | 136,76 | 23:26:21 | 10:17 | 34 | 8:47:48 | 161 | 12:15:57 | | | | | | |
| VP24 - Dammwe | 5,64 | 1:00:06 | 10:39 | 21 | 19:35 | 98 | 28:25 | 142,40 | 24:26:27 | 10:17 | 34 | 8:57:29 | 158 | 12:44:01 | | | | | | |
| VP25 - Eas Side | 6,33 | 1:13:16 | 11:34 | 22 | 25:20 | 111 | 35:56 | 148,73 | 25:39:43 | 10:21 | 33 | 9:16:57 | 157 | 13:17:13 | | | | | | |
| VP26 - Checkpoir | 4,22 | 49:32 | 11:44 | 32 | 19:52 | 141 | 26:39 | 152,95 | 26:29:15 | 10:23 | 33 | 9:34:28 | 159 | 13:42:41 | | | | | | |
| VP27 - Gedenkst. | 4,12 | 49:47 | 12:04 | 26 | 18:40 | 115 | 25:04 | 157,07 | 27:19:02 | 10:26 | 33 | 9:49:31 | 157 | 14:06:04 | | | | | | |
| Friedrich-Ludwig | 4,78 | 51:36 | 10:47 | 27 | 23:38 | 123 | 27:13 | 161,85 | 28:10:38 | 10:26 | 31 | 10:06:47 | 156 | 14:30:27 | | | | | | |