



# 100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

## Detailauswertung

**AZIZA, NIR**

Verein: CROSBIE CREW

Startnummer: 147

Strecke: 161,90 km

100MeilenBerlin

Kategorie:

Senioren M45 (45-49 Jahre)

**Gesamt-Zeit: 20:46:51**

Geschwindigkeit: 7,75 km/h

Laufleistung: 7:42 min/km

Strecken-Platzierung/Gesamt: 42 (von 319)

Strecken-Platzierung/Männer: 34 (von 257)

Bestzeit der Strecke: 15:20:48

Kategorie-Platzierung: 13(von 59)

Bestzeit in der Kategorie: 17:12:46

### Zwischenzeiten

### Teilstreckenwertung

### Gesamtwertung

| Kontrolle          | Split<br>km | Split<br>Zeit | Split<br>min/km | Platz<br>Kat. | Rückst.<br>Kat. | Platz<br>Männer | Rückst.<br>Männer | Gesamt<br>km | Gesamt<br>Zeit | Gesamt<br>min/km | Platz<br>Kat. | Rückst.<br>Kat. | Platz<br>Männer | Rückst.<br>Männer |
|--------------------|-------------|---------------|-----------------|---------------|-----------------|-----------------|-------------------|--------------|----------------|------------------|---------------|-----------------|-----------------|-------------------|
| VP1 - Brandenbu    | 7,30        | 47:32         | 6:30            | 29            | 12:41           | 106             | 14:15             | 7,30         | 47:32          | 6:30             | 29            | 12:41           | 106             | 14:15             |
| VP2 - East Side C  | 6,46        | 43:04         | 6:40            | 31            | 12:58           | 116             | 12:58             | 13,76        | 1:30:36        | 6:35             | 30            | 25:32           | 108             | 26:58             |
| VP3 - Dammweg      | 5,90        | 39:52         | 6:45            | 29            | 12:17           | 111             | 12:17             | 19,66        | 2:10:28        | 6:38             | 29            | 37:47           | 109             | 37:47             |
| VP4 - Johannisth   | 5,64        | 36:54         | 6:32            | 24            | 10:19           | 82              | 10:19             | 25,30        | 2:47:22        | 6:36             | 28            | 48:06           | 102             | 48:06             |
| VP5 - U-Bahnhof    | 5,90        | 40:05         | 6:47            | 25            | 11:11           | 83              | 11:11             | 31,20        | 3:27:27        | 6:38             | 27            | 58:55           | 95              | 58:55             |
| VP6 - Buckow       | 4,92        | 33:12         | 6:44            | 20            | 8:34            | 70              | 8:34              | 36,12        | 4:00:39        | 6:39             | 27            | 1:07:29         | 94              | 1:07:29           |
| VP7 - Kirchhainer  | 6,17        | 42:28         | 6:52            | 18            | 11:24           | 60              | 11:24             | 42,29        | 4:43:07        | 6:41             | 24            | 1:18:53         | 87              | 1:18:53           |
| VP8 - Lichtenrad   | 4,37        | 30:41         | 7:01            | 26            | 8:36            | 84              | 8:36              | 46,66        | 5:13:48        | 6:43             | 25            | 1:27:29         | 86              | 1:27:29           |
| VP9 - Osdorfer Si  | 5,71        | 39:09         | 6:51            | 21            | 9:37            | 74              | 9:37              | 52,37        | 5:52:57        | 6:44             | 23            | 1:37:06         | 82              | 1:37:06           |
| VP10 - Sportplatz  | 6,50        | 53:25         | 8:13            | 20            | 18:35           | 71              | 18:35             | 58,87        | 6:46:22        | 6:54             | 23            | 1:55:41         | 76              | 1:55:41           |
| VP11 - Königswe    | 6,22        | 45:09         | 7:15            | 8             | 10:04           | 34              | 10:59             | 65,09        | 7:31:31        | 6:56             | 23            | 1:59:18         | 71              | 1:59:18           |
| VP12 - Gedenkst    | 6,85        | 52:45         | 7:42            | 17            | 12:12           | 53              | 14:22             | 71,94        | 8:24:16        | 7:00             | 20            | 2:09:31         | 65              | 2:09:31           |
| VP13 - Brauhaus    | 6,88        | 52:32         | 7:38            | 12            | 10:03           | 37              | 13:52             | 78,82        | 9:16:48        | 7:03             | 19            | 2:18:23         | 63              | 2:18:23           |
| VP14 - Revierförs  | 5,70        | 45:02         | 7:54            | 14            | 10:42           | 37              | 12:58             | 84,52        | 10:01:50       | 7:07             | 18            | 2:29:05         | 58              | 2:29:05           |
| VP15 - Schloss S   | 6,24        | 53:41         | 8:36            | 12            | 14:27           | 33              | 17:10             | 90,76        | 10:55:31       | 7:13             | 15            | 2:43:32         | 49              | 2:43:32           |
| VP16 - Pagel & Fi  | 7,60        | 56:23         | 7:25            | 6             | 8:10            | 16              | 12:40             | 98,36        | 11:51:54       | 7:14             | 14            | 2:51:42         | 42              | 2:51:42           |
| VP17 - Karolinenl  | 4,91        | 39:15         | 7:59            | 14            | 7:34            | 42              | 10:48             | 103,27       | 12:31:09       | 7:16             | 14            | 2:58:00         | 40              | 2:59:34           |
| VP18 - Falkensee   | 6,60        | 54:58         | 8:19            | 18            | 12:27           | 55              | 16:36             | 109,87       | 13:26:07       | 7:20             | 13            | 3:06:09         | 37              | 3:15:12           |
| VP19 - Schönwal    | 5,95        | 50:54         | 8:33            | 16            | 12:43           | 47              | 15:38             | 115,82       | 14:17:01       | 7:23             | 13            | 3:15:04         | 37              | 3:30:50           |
| VP20 - Grenzturn   | 7,60        | 1:04:53       | 8:32            | 15            | 17:52           | 45              | 21:42             | 123,42       | 15:21:54       | 7:28             | 13            | 3:24:02         | 37              | 3:52:32           |
| VP21 - Ruderclub   | 4,78        | 46:57         | 9:49            | 14            | 14:27           | 48              | 19:42             | 128,20       | 16:08:51       | 7:33             | 13            | 3:32:36         | 37              | 4:12:14           |
| VP22 - Frohnau     | 4,07        | 34:55         | 8:34            | 12            | 7:46            | 34              | 10:26             | 132,27       | 16:43:46       | 7:35             | 13            | 3:39:10         | 38              | 4:22:34           |
| VP23 - Naturschu   | 6,61        | 58:14         | 8:48            | 15            | 11:29           | 39              | 18:35             | 138,88       | 17:42:00       | 7:38             | 13            | 3:48:45         | 37              | 4:39:42           |
| VP24 - Oranienbu   | 4,98        | 43:21         | 8:42            | 12            | 11:00           | 28              | 13:35             | 143,86       | 18:25:21       | 7:41             | 13            | 3:51:37         | 36              | 4:52:22           |
| VP25 - Lauftreff l | 5,34        | 45:50         | 8:34            | 11            | 15:53           | 32              | 15:53             | 149,20       | 19:11:11       | 7:42             | 13            | 3:46:52         | 35              | 5:05:22           |
| VP26 - Wilhelmsr   | 5,72        | 44:49         | 7:50            | 15            | 11:17           | 37              | 12:41             | 154,92       | 19:56:00       | 7:43             | 13            | 3:40:06         | 35              | 5:17:33           |
| VP27 - Wollankst   | 3,02        | 23:44         | 7:51            | 8             | 5:22            | 22              | 14:09             | 157,94       | 20:19:44       | 7:43             | 13            | 3:32:29         | 35              | 12:48:35          |
| Friedrich-Ludwig   | 3,96        | 27:07         | 6:50            | 12            | 6:42            | 32              | 6:42              | 161,90       | 20:46:51       | 7:42             | 13            | 3:34:05         | 34              | 5:26:03           |