



100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

Detailauswertung

Giese, Kay

Verein: Post SV Buxtehude

Startnummer: 8

Strecke: 161,90 km

100MeilenBerlin

Kategorie:

Senioren M45 (45-49 Jahre)

Gesamt-Zeit: 24:21:02

Geschwindigkeit: 6,61 km/h

Laufleistung: 9:01 min/km

Strecken-Platzierung/Gesamt: 122 (von 319)

Strecken-Platzierung/Männer: 101 (von 257)

Bestzeit der Strecke: 15:20:48

Kategorie-Platzierung: 29(von 59)

Bestzeit in der Kategorie: 17:12:46

Zwischenzeiten

Teilstreckenwertung

Gesamtwertung

| Kontrolle | Split | | | Platz Rückst. | | | | Gesamt | | | Platz Rückst. | | | |
|---------------------|-------|---------|--------|---------------|-------|--------|--------|--------|----------|--------|---------------|---------|--------|----------|
| | km | Zeit | min/km | Kat. | Kat. | Männer | Männer | km | Zeit | min/km | Kat. | Kat. | Männer | Männer |
| VP1 - Brandenbu | 7,30 | 39:50 | 5:27 | 5 | 4:59 | 14 | 6:33 | 7,30 | 39:50 | 5:27 | 5 | 4:59 | 14 | 6:33 |
| VP2 - East Side C | 6,46 | 38:56 | 6:01 | 15 | 8:50 | 48 | 8:50 | 13,76 | 1:18:46 | 5:43 | 5 | 13:42 | 21 | 15:08 |
| VP3 - Dammweg | 5,90 | 36:32 | 6:11 | 17 | 8:57 | 59 | 8:57 | 19,66 | 1:55:18 | 5:51 | 11 | 22:37 | 43 | 22:37 |
| VP4 - Johannisth | 5,64 | 35:55 | 6:22 | 18 | 9:20 | 66 | 9:20 | 25,30 | 2:31:13 | 5:58 | 13 | 31:57 | 48 | 31:57 |
| VP5 - U-Bahnhof | 5,90 | 39:05 | 6:37 | 22 | 10:11 | 72 | 10:11 | 31,20 | 3:10:18 | 6:05 | 15 | 41:46 | 50 | 41:46 |
| VP6 - Buckow | 4,92 | 34:51 | 7:05 | 24 | 10:13 | 95 | 10:13 | 36,12 | 3:45:09 | 6:14 | 17 | 51:59 | 55 | 51:59 |
| VP7 - Kirchhainer | 6,17 | 54:03 | 8:45 | 47 | 22:59 | 196 | 22:59 | 42,29 | 4:39:12 | 6:36 | 21 | 1:14:58 | 75 | 1:14:58 |
| VP8 - Lichtenrad | 4,37 | 29:38 | 6:46 | 20 | 7:33 | 65 | 7:33 | 46,66 | 5:08:50 | 6:37 | 21 | 1:22:31 | 75 | 1:22:31 |
| VP9 - Osdorfer St | 5,71 | 46:23 | 8:07 | 45 | 16:51 | 180 | 16:51 | 52,37 | 5:55:13 | 6:46 | 25 | 1:39:22 | 87 | 1:39:22 |
| VP10 - Sportplatz | 6,50 | 57:38 | 8:52 | 30 | 22:48 | 95 | 22:48 | 58,87 | 6:52:51 | 7:00 | 24 | 2:02:10 | 82 | 2:02:10 |
| VP11 - Königsw | 6,22 | 1:05:00 | 10:27 | 46 | 29:55 | 204 | 30:50 | 65,09 | 7:57:51 | 7:20 | 28 | 2:25:38 | 100 | 2:25:38 |
| VP12 - Gedenkst | 6,85 | 1:08:33 | 10:00 | 40 | 28:00 | 175 | 30:10 | 71,94 | 9:06:24 | 7:35 | 33 | 2:51:39 | 109 | 2:51:39 |
| VP13 - Brauhaus | 6,88 | 1:11:46 | 10:25 | 41 | 29:17 | 175 | 33:06 | 78,82 | 10:18:10 | 7:50 | 34 | 3:19:45 | 118 | 3:19:45 |
| VP14 - Revierförs | 5,70 | 55:41 | 9:46 | 37 | 21:21 | 147 | 23:37 | 84,52 | 11:13:51 | 7:58 | 32 | 3:41:06 | 118 | 3:41:06 |
| VP15 - Schloss S | 6,24 | 1:08:51 | 11:02 | 31 | 29:37 | 107 | 32:20 | 90,76 | 12:22:42 | 8:10 | 34 | 4:10:43 | 118 | 4:10:43 |
| VP16 - Pagel & Fi | 7,60 | 1:14:40 | 9:49 | 35 | 26:27 | 121 | 30:57 | 98,36 | 13:37:22 | 8:18 | 34 | 4:37:10 | 119 | 4:37:10 |
| VP17 - Karolinenl | 4,91 | 43:11 | 8:47 | 20 | 11:30 | 73 | 14:44 | 103,27 | 14:20:33 | 8:19 | 33 | 4:47:24 | 114 | 4:48:58 |
| VP18 - Falkensee | 6,60 | 1:10:18 | 10:39 | 35 | 27:47 | 148 | 31:56 | 109,87 | 15:30:51 | 8:28 | 33 | 5:10:53 | 120 | 5:19:56 |
| VP19 - Schönwal | 5,95 | 1:08:49 | 11:33 | 36 | 30:38 | 145 | 33:33 | 115,82 | 16:39:40 | 8:37 | 34 | 5:37:43 | 124 | 5:53:29 |
| VP20 - Grenzturn | 7,60 | 1:28:04 | 11:35 | 39 | 41:03 | 145 | 44:53 | 123,42 | 18:07:44 | 8:48 | 34 | 6:09:52 | 124 | 6:38:22 |
| VP21 - Ruderclub | 4,78 | 55:03 | 11:31 | 27 | 22:33 | 94 | 27:48 | 128,20 | 19:02:47 | 8:54 | 34 | 6:26:32 | 122 | 7:06:10 |
| VP22 - Frohnau | 4,07 | 44:35 | 10:57 | 32 | 17:26 | 123 | 20:06 | 132,27 | 19:47:22 | 8:58 | 34 | 6:42:46 | 121 | 7:26:10 |
| VP23 - Naturschu | 6,61 | 1:07:07 | 10:09 | 26 | 20:22 | 82 | 27:28 | 138,88 | 20:54:29 | 9:01 | 34 | 7:01:14 | 119 | 7:52:11 |
| VP24 - Oranienbu | 4,98 | 49:56 | 10:01 | 21 | 17:35 | 63 | 20:10 | 143,86 | 21:44:25 | 9:04 | 33 | 7:10:41 | 116 | 8:11:26 |
| VP25 - Laufftreff l | 5,34 | 43:42 | 8:11 | 7 | 13:45 | 24 | 13:45 | 149,20 | 22:28:07 | 9:02 | 31 | 7:03:48 | 106 | 8:22:18 |
| VP26 - Wilhelmsr | 5,72 | 46:24 | 8:06 | 19 | 12:52 | 52 | 14:16 | 154,92 | 23:14:31 | 9:00 | 29 | 6:58:37 | 103 | 8:36:04 |
| VP27 - Wollankst | 3,02 | 30:38 | 10:08 | 20 | 12:16 | 67 | 21:03 | 157,94 | 23:45:09 | 9:01 | 29 | 6:57:54 | 101 | 16:14:00 |
| Friedrich-Ludwig | 3,96 | 35:53 | 9:03 | 23 | 15:28 | 98 | 15:28 | 161,90 | 24:21:02 | 9:01 | 29 | 7:08:16 | 101 | 9:00:14 |