



# 100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

## Detailauswertung

Herde, Hans-Jürgen

Verein: Streakrunner.de

Startnummer: 258

Strecke: 161,90 km

100MeilenBerlin

Kategorie:

Senioren M60 (60-64 Jahre)

Gesamt-Zeit: 27:40:51

Geschwindigkeit: 5,82 km/h

Laufleistung: 10:16 min/km

Strecken-Platzierung/Gesamt: 189 (von 319)

Strecken-Platzierung/Männer: 156 (von 257)

Bestzeit der Strecke: 15:20:48

Kategorie-Platzierung: 16(von 18)

Bestzeit in der Kategorie: 21:12:53

### Zwischenzeiten

### Teilstreckenwertung

### Gesamtwertung

| Kontrolle          | Split<br>km | Split<br>Zeit | Split<br>min/km | Platz<br>Kat. | Rückst.<br>Kat. | Platz<br>Männer | Rückst.<br>Männer | Gesamt<br>km | Gesamt<br>Zeit | Gesamt<br>min/km | Platz<br>Kat. | Rückst.<br>Kat. | Platz<br>Männer | Rückst.<br>Männer |
|--------------------|-------------|---------------|-----------------|---------------|-----------------|-----------------|-------------------|--------------|----------------|------------------|---------------|-----------------|-----------------|-------------------|
| VP1 - Brandenbu    | 7,30        | 51:49         | 7:05            | 12            | 9:04            | 185             | 18:32             | 7,30         | 51:49          | 7:05             | 12            | 9:04            | 185             | 18:32             |
| VP2 - East Side C  | 6,46        | 46:17         | 7:09            | 11            | 8:38            | 157             | 16:11             | 13,76        | 1:38:06        | 7:07             | 11            | 17:42           | 167             | 34:28             |
| VP3 - Dammweg      | 5,90        | 42:14         | 7:09            | 9             | 8:23            | 157             | 14:39             | 19,66        | 2:20:20        | 7:08             | 11            | 26:05           | 164             | 47:39             |
| VP4 - Johannisth   | 5,64        | 43:11         | 7:39            | 13            | 10:44           | 183             | 16:36             | 25,30        | 3:03:31        | 7:15             | 11            | 36:49           | 171             | 1:04:15           |
| VP5 - U-Bahnhof    | 5,90        | 47:18         | 8:01            | 14            | 12:06           | 194             | 18:24             | 31,20        | 3:50:49        | 7:23             | 11            | 47:19           | 177             | 1:22:17           |
| VP6 - Buckow       | 4,92        | 39:23         | 8:00            | 12            | 9:14            | 166             | 14:45             | 36,12        | 4:30:12        | 7:28             | 11            | 56:33           | 169             | 1:37:02           |
| VP7 - Kirchhainer  | 6,17        | 49:06         | 7:57            | 9             | 10:21           | 146             | 18:02             | 42,29        | 5:19:18        | 7:33             | 10            | 1:06:54         | 162             | 1:55:04           |
| VP8 - Lichtenrad   | 4,37        | 43:22         | 9:55            | 16            | 16:51           | 228             | 21:17             | 46,66        | 6:02:40        | 7:46             | 12            | 1:22:11         | 179             | 2:16:21           |
| VP9 - Osdorfer Si  | 5,71        | 45:01         | 7:53            | 10            | 7:53            | 161             | 15:29             | 52,37        | 6:47:41        | 7:47             | 12            | 1:29:40         | 176             | 2:31:50           |
| VP10 - Sportplatz  | 6,50        | 1:10:23       | 10:49           | 10            | 27:16           | 157             | 35:33             | 58,87        | 7:58:04        | 8:07             | 11            | 1:53:24         | 171             | 3:07:23           |
| VP11 - Königswe    | 6,22        | 58:20         | 9:22            | 13            | 13:00           | 152             | 24:10             | 65,09        | 8:56:24        | 8:14             | 10            | 1:55:07         | 169             | 3:24:11           |
| VP12 - Gedenkst    | 6,85        | 1:02:04       | 9:03            | 7             | 12:11           | 124             | 23:41             | 71,94        | 9:58:28        | 8:19             | 10            | 2:03:42         | 163             | 3:43:43           |
| VP13 - Brauhaus    | 6,88        | 1:11:59       | 10:27           | 13            | 19:20           | 177             | 33:19             | 78,82        | 11:10:27       | 8:30             | 12            | 2:19:15         | 165             | 4:12:02           |
| VP14 - Revierförs  | 5,70        | 58:23         | 10:14           | 11            | 16:24           | 172             | 26:19             | 84,52        | 12:08:50       | 8:37             | 11            | 2:31:05         | 163             | 4:36:05           |
| VP15 - Schloss S   | 6,24        | 1:04:46       | 10:22           | 6             | 13:32           | 87              | 28:15             | 90,76        | 13:13:36       | 8:44             | 10            | 2:34:29         | 150             | 5:01:37           |
| VP16 - Pagel & Fi  | 7,60        | 1:17:24       | 10:11           | 8             | 14:11           | 133             | 33:41             | 98,36        | 14:31:00       | 8:51             | 10            | 2:45:26         | 150             | 5:30:48           |
| VP17 - Karolinenl  | 4,91        | 50:57         | 10:22           | 12            | 14:09           | 148             | 22:30             | 103,27       | 15:21:57       | 8:55             | 10            | 2:55:31         | 145             | 5:50:22           |
| VP18 - Falkensee   | 6,60        | 1:17:53       | 11:48           | 14            | 23:26           | 176             | 39:31             | 109,87       | 16:39:50       | 9:06             | 9             | 3:18:57         | 147             | 6:28:55           |
| VP19 - Schönwal    | 5,95        | 1:14:15       | 12:28           | 15            | 23:35           | 167             | 38:59             | 115,82       | 17:54:05       | 9:16             | 11            | 3:35:48         | 148             | 7:07:54           |
| VP20 - Grenzturn   | 7,60        | 1:52:52       | 14:51           | 16            | 50:08           | 195             | 1:09:41           | 123,42       | 19:46:57       | 9:37             | 13            | 4:18:11         | 157             | 8:17:35           |
| VP21 - Ruderclub   | 4,78        | 1:14:21       | 15:33           | 15            | 34:08           | 172             | 47:06             | 128,20       | 21:01:18       | 9:50             | 13            | 4:52:19         | 155             | 9:04:41           |
| VP22 - Frohnau     | 4,07        | 56:49         | 13:57           | 16            | 23:25           | 186             | 32:20             | 132,27       | 21:58:07       | 9:57             | 14            | 5:15:44         | 158             | 9:36:55           |
| VP23 - Naturschu   | 6,61        | 1:35:22       | 14:25           | 15            | 42:34           | 185             | 55:43             | 138,88       | 23:33:29       | 10:10            | 15            | 5:47:18         | 161             | 10:31:11          |
| VP24 - Oranienbu   | 4,98        | 1:15:27       | 15:09           | 16            | 28:33           | 192             | 45:41             | 143,86       | 24:48:56       | 10:20            | 16            | 6:14:41         | 163             | 11:15:57          |
| VP25 - Lauftreff l | 5,34        | 50:46         | 9:30            | 3             | 3:17            | 57              | 20:49             | 149,20       | 25:39:42       | 10:19            | 15            | 6:17:58         | 159             | 11:33:53          |
| VP26 - Wilhelmsr   | 5,72        | 55:13         | 9:39            | 9             | 15:27           | 104             | 23:05             | 154,92       | 26:34:55       | 10:17            | 15            | 6:24:34         | 159             | 11:56:28          |
| VP27 - Wollankst   | 3,02        | 31:56         | 10:34           | 8             | 22:21           | 75              | 22:21             | 157,94       | 27:06:51       | 10:18            | 17            | 19:35:42        | 160             | 19:35:42          |
| Friedrich-Ludwig   | 3,96        | 34:00         | 8:35            | 9             | 4:51            | 85              | 13:35             | 161,90       | 27:40:51       | 10:15            | 16            | 6:27:58         | 156             | 12:20:03          |