



100MeilenBerlin – Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

Detailauswertung

LIETZ, Ralf

Verein: Wildeshauser Laufftreff

Startnummer: 34

Strecke: 161,70 km

100MeilenBerlin

Kategorie:

Senioren M55 (55-59 Jahre)

Gesamt-Zeit: 23:46:45

Geschwindigkeit: 6,77 km/h

Laufleistung: 8:49 min/km

Strecken-Platzierung/Gesamt: 246 (von 459)

Strecken-Platzierung/Männer: 148 (von 302)

Bestzeit der Strecke: 13:39:56

Kategorie-Platzierung: 16(von 46)

Bestzeit in der Kategorie: 13:39:56

| Kontrolle | Zwischenzeiten | | | | | | | | Teilstreckenwertung | | | | | | | | Gesamtwertung | | | |
|---------------------|----------------|------------|--------------|------------|--------------|--------------|----------------|-----------|---------------------|---------------|------------|--------------|--------------|----------------|--|--|---------------|--|--|--|
| | Split km | Split Zeit | Split min/km | Platz Kat. | Rückst. Kat. | Platz Männer | Rückst. Männer | Gesamt km | Gesamt Zeit | Gesamt min/km | Platz Kat. | Rückst. Kat. | Platz Männer | Rückst. Männer | | | | | | |
| VP1 - Wilhelmsru | 6,94 | 51:58 | 7:29 | 33 | 20:57 | 249 | 20:57 | 6,94 | 51:58 | 7:29 | 33 | 20:57 | 249 | 20:57 | | | | | | |
| VP2 - Laufftreff Li | 5,69 | 38:08 | 6:42 | 11 | 14:03 | 141 | 14:03 | 12,63 | 1:30:06 | 7:08 | 21 | 35:00 | 194 | 35:00 | | | | | | |
| VP3 - Oranienbur | 5,74 | 38:30 | 6:42 | 20 | 14:24 | 178 | 14:24 | 18,37 | 2:08:36 | 7:00 | 20 | 49:24 | 191 | 49:24 | | | | | | |
| VP4 - Naturschut | 4,70 | 35:36 | 7:34 | 18 | 13:10 | 163 | 13:10 | 23,07 | 2:44:12 | 7:07 | 19 | 1:02:34 | 180 | 1:02:34 | | | | | | |
| VP5 - Frohnau | 6,80 | 47:41 | 7:00 | 23 | 18:46 | 185 | 18:46 | 29,87 | 3:31:53 | 7:05 | 20 | 1:21:20 | 181 | 1:21:20 | | | | | | |
| VP6 - Ruderclub | 4,06 | 32:19 | 7:57 | 16 | 14:09 | 144 | 14:12 | 33,93 | 4:04:12 | 7:11 | 17 | 1:35:29 | 173 | 1:35:29 | | | | | | |
| VP7 - Grenzturm | 4,75 | 36:24 | 7:39 | 26 | 14:41 | 187 | 14:41 | 38,68 | 4:40:36 | 7:15 | 18 | 1:50:10 | 174 | 1:50:10 | | | | | | |
| VP8 - Schönwald | 7,52 | 53:49 | 7:09 | 15 | 17:35 | 163 | 17:59 | 46,20 | 5:34:25 | 7:14 | 17 | 2:07:45 | 171 | 2:07:45 | | | | | | |
| VP9 - Falkenseer | 5,76 | 46:24 | 8:03 | 15 | 17:36 | 147 | 18:04 | 51,96 | 6:20:49 | 7:19 | 17 | 2:25:21 | 168 | 2:25:21 | | | | | | |
| VP10 - Karolinenl | 6,54 | 54:43 | 8:21 | 21 | 22:31 | 175 | 22:31 | 58,50 | 7:15:32 | 7:26 | 18 | 2:47:52 | 167 | 2:47:52 | | | | | | |
| VP11 - Pagel & Fi | 4,90 | 42:39 | 8:42 | 21 | 19:36 | 176 | 19:36 | 63,40 | 7:58:11 | 7:32 | 19 | 3:07:28 | 170 | 3:07:28 | | | | | | |
| VP12 - Schloss S | 7,62 | 1:14:51 | 9:49 | 20 | 37:58 | 188 | 37:58 | 71,02 | 9:13:02 | 7:47 | 20 | 3:45:26 | 174 | 3:45:26 | | | | | | |
| VP13 - Revierförs | 6,21 | 54:28 | 8:46 | 18 | 25:38 | 182 | 25:38 | 77,23 | 10:07:30 | 7:51 | 20 | 4:11:04 | 176 | 4:11:04 | | | | | | |
| VP14 - Brauhaus | 6,00 | 49:52 | 8:18 | 14 | 21:19 | 160 | 21:19 | 83,23 | 10:57:22 | 7:53 | 19 | 4:32:23 | 175 | 4:32:23 | | | | | | |
| VP15 - Gedenkst. | 6,90 | 1:04:04 | 9:17 | 21 | 31:09 | 201 | 31:09 | 90,13 | 12:01:26 | 8:00 | 18 | 5:03:32 | 176 | 5:03:32 | | | | | | |
| VP16 - Königswe | 6,87 | 1:09:15 | 10:04 | 17 | 34:30 | 162 | 34:30 | 97,00 | 13:10:41 | 8:09 | 18 | 5:38:02 | 171 | 5:38:02 | | | | | | |
| VP17 - Sportplatz | 6,20 | 1:08:43 | 11:05 | 14 | 34:58 | 127 | 34:58 | 103,20 | 14:19:24 | 8:19 | 18 | 6:13:00 | 167 | 6:13:00 | | | | | | |
| VP18 - Osdorfer | 6,50 | 58:30 | 9:00 | 13 | 21:46 | 133 | 24:03 | 109,70 | 15:17:54 | 8:22 | 18 | 6:34:46 | 167 | 6:34:46 | | | | | | |
| VP19 - Lichtenra | 5,70 | 57:25 | 10:04 | 13 | 21:28 | 136 | 23:15 | 115,40 | 16:15:19 | 8:27 | 17 | 6:56:14 | 160 | 6:56:14 | | | | | | |
| VP20 - Kirchhain | 4,37 | 41:11 | 9:25 | 15 | 22:21 | 150 | 22:21 | 119,77 | 16:56:30 | 8:29 | 17 | 7:18:35 | 159 | 7:18:35 | | | | | | |
| VP21 - Buckow | 6,43 | 1:05:26 | 10:10 | 16 | 31:50 | 155 | 31:50 | 126,20 | 18:01:56 | 8:34 | 17 | 7:50:25 | 159 | 7:50:25 | | | | | | |
| VP22 - Rudow | 4,90 | 45:49 | 9:21 | 8 | 19:50 | 101 | 19:50 | 131,10 | 18:47:45 | 8:36 | 17 | 8:10:15 | 160 | 8:10:15 | | | | | | |
| VP23 - Johannistl | 5,90 | 56:23 | 9:33 | 11 | 24:48 | 98 | 24:48 | 137,00 | 19:44:08 | 8:38 | 16 | 8:35:03 | 152 | 8:35:03 | | | | | | |
| VP24 - Dammwe | 5,70 | 53:12 | 9:20 | 10 | 21:32 | 85 | 22:01 | 142,70 | 20:37:20 | 8:40 | 16 | 8:56:35 | 147 | 8:56:35 | | | | | | |
| VP25 - East Side | 5,80 | 59:56 | 10:20 | 8 | 20:28 | 75 | 22:59 | 148,50 | 21:37:16 | 8:44 | 16 | 9:17:03 | 148 | 9:17:03 | | | | | | |
| VP26 - Checkpoir | 5,28 | 42:01 | 7:57 | 12 | 17:58 | 105 | 20:28 | 153,78 | 22:19:17 | 8:42 | 16 | 9:35:01 | 150 | 9:35:01 | | | | | | |
| VP27 - Gedenkst. | 3,32 | 45:42 | 13:45 | 15 | 18:55 | 110 | 21:05 | 157,10 | 23:04:59 | 8:48 | 16 | 9:53:56 | 148 | 9:53:56 | | | | | | |
| Friedrich-Ludwig | 4,60 | 41:46 | 9:04 | 9 | 12:53 | 86 | 17:34 | 161,70 | 23:46:45 | 8:49 | 16 | 10:06:49 | 148 | 10:06:49 | | | | | | |