



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

## Detailauswertung

**Donath, Lars**

Verein: ASFM Göttingen

Startnummer: 277

Strecke: 161,90 km

100MeilenBerlin

Kategorie:

Senioren M35 (35-39 Jahre)

**Gesamt-Zeit: 18:36:54**

Geschwindigkeit: 8,65 km/h

Laufleistung: 6:54 min/km

Strecken-Platzierung/Gesamt: 26 (von 397)

Strecken-Platzierung/Männer: 23 (von 313)

Bestzeit der Strecke: 13:17:41

Kategorie-Platzierung: 2(von 29)

Bestzeit in der Kategorie: 17:26:34

### Zwischenzeiten

### Teilstreckenwertung

### Gesamtwertung

| Kontrolle           | Split |         |        | Platz Rückst. |       |        |        | Gesamt |          |        | Platz Rückst. |         |        |         |
|---------------------|-------|---------|--------|---------------|-------|--------|--------|--------|----------|--------|---------------|---------|--------|---------|
|                     | km    | Zeit    | min/km | Kat.          | Kat.  | Männer | Männer | km     | Zeit     | min/km | Kat.          | Kat.    | Männer | Männer  |
| VP1 - Checkpoint    | 8,60  | 55:25   | 6:26   | 10            | 7:17  | 86     | 11:17  | 8,60   | 55:25    | 6:26   | 10            | 7:17    | 86     | 11:17   |
| VP2 - East Side G   | 4,80  | 28:55   | 6:01   | 12            | 4:16  | 107    | 7:52   | 13,40  | 1:24:20  | 6:17   | 9             | 11:33   | 82     | 19:06   |
| VP3 - Dammweg       | 5,80  | 46:07   | 7:57   | 25            | 13:02 | 270    | 16:55  | 19,20  | 2:10:27  | 6:47   | 19            | 24:31   | 155    | 35:36   |
| VP4 - Johannisth    | 5,70  | 35:24   | 6:12   | 11            | 4:59  | 93     | 10:52  | 24,90  | 2:45:51  | 6:39   | 17            | 29:30   | 128    | 46:09   |
| VP5 - Imbiß "Am     | 9,50  | 1:01:57 | 6:31   | 12            | 9:26  | 100    | 20:25  | 34,40  | 3:47:48  | 6:37   | 13            | 38:50   | 119    | 1:06:31 |
| VP6 - Buckow        | 4,50  | 30:57   | 6:52   | 11            | 5:05  | 86     | 10:21  | 38,90  | 4:18:45  | 6:39   | 14            | 43:55   | 115    | 1:16:52 |
| Kontrolle           | 7,60  | 48:23   | 6:21   | 8             | 4:20  | 63     | 14:21  | 46,50  | 5:07:08  | 6:36   | 13            | 48:08   | 104    | 1:31:13 |
| VP8 - Osdorfer St   | 6,30  | 40:55   | 6:29   | 7             | 3:42  | 62     | 13:29  | 52,80  | 5:48:03  | 6:35   | 10            | 51:36   | 84     | 1:44:42 |
| VP9 - Sportplatz    | 6,50  | 48:34   | 7:28   | 10            | 26:58 | 80     | 27:07  | 59,30  | 6:36:37  | 6:41   | 9             | 54:53   | 75     | 2:01:46 |
| VP10 - Königswe     | 6,20  | 41:38   | 6:42   | 5             | 4:17  | 51     | 12:13  | 65,50  | 7:18:15  | 6:41   | 9             | 53:51   | 71     | 2:13:59 |
| VP11 - Gedenkst     | 6,80  | 43:05   | 6:20   | 2             | 2:01  | 23     | 18:46  | 72,30  | 8:01:20  | 6:39   | 8             | 50:47   | 63     | 2:22:58 |
| VP12 - Brauhaus     | 6,90  | 42:20   | 6:08   | 2             | 0:28  | 15     | 9:13   | 79,20  | 8:43:40  | 6:36   | 6             | 47:05   | 59     | 2:32:11 |
| VP13 - Revierförs   | 5,70  | 37:52   | 6:38   | 2             | 0:33  | 21     | 7:49   | 84,90  | 9:21:32  | 6:36   | 6             | 47:09   | 57     | 2:40:00 |
| VP14 - Schloss S    | 6,30  | 52:34   | 8:20   | 8             | 13:22 | 69     | 21:07  | 91,20  | 10:14:06 | 6:44   | 6             | 1:00:31 | 56     | 3:01:07 |
| VP15 - Pagel & Fi   | 7,60  | 49:29   | 6:30   | 2             | 0:56  | 20     | 11:47  | 98,80  | 11:03:35 | 6:42   | 3             | 58:35   | 46     | 3:12:54 |
| VP16 - Karolinenl   | 4,90  | 37:34   | 7:40   | 3             | 1:17  | 34     | 11:59  | 103,70 | 11:41:09 | 6:45   | 3             | 59:52   | 44     | 3:24:53 |
| VP17 - Falkensee    | 6,50  | 45:07   | 6:56   | 2             | 0:22  | 18     | 12:36  | 110,20 | 12:26:16 | 6:46   | 2             | 1:00:14 | 38     | 3:37:29 |
| VP18 - Schönwal     | 5,80  | 39:19   | 6:46   | 1             | -     | 14     | 10:14  | 116,00 | 13:05:35 | 6:46   | 2             | 58:06   | 36     | 3:47:43 |
| VP19 - Grenzturn    | 7,30  | 53:37   | 7:20   | 2             | 7:03  | 25     | 25:31  | 123,30 | 13:59:12 | 6:48   | 2             | 1:05:09 | 32     | 4:02:33 |
| VP20 - Rudercluk    | 4,80  | 33:44   | 7:01   | 2             | 2:54  | 17     | 9:24   | 128,10 | 14:32:56 | 6:48   | 2             | 1:08:03 | 29     | 4:11:57 |
| VP21 - Frohnau      | 4,10  | 35:28   | 8:39   | 3             | 7:57  | 24     | 12:49  | 132,20 | 15:08:24 | 6:52   | 2             | 1:16:00 | 28     | 4:24:46 |
| VP22 - Naturschu    | 6,40  | 45:58   | 7:10   | 3             | 4:06  | 18     | 12:46  | 138,60 | 15:54:22 | 6:53   | 2             | 1:20:06 | 27     | 4:37:32 |
| VP23 - Oranienbu    | 4,50  | 36:04   | 8:00   | 4             | 3:19  | 31     | 11:07  | 143,10 | 16:30:26 | 6:55   | 2             | 1:23:16 | 26     | 4:48:39 |
| VP24 - Laufftreff l | 5,30  | 38:54   | 7:20   | 2             | 1:49  | 14     | 10:40  | 148,40 | 17:09:20 | 6:56   | 2             | 1:25:05 | 25     | 4:59:19 |
| VP25 - Wilhelmsr    | 5,70  | 38:08   | 6:41   | 1             | -     | 12     | 8:07   | 154,10 | 17:47:28 | 6:55   | 2             | 1:23:08 | 24     | 5:07:26 |
| VP26 - Wollankst    | 3,10  | 22:51   | 7:22   | 3             | 2:44  | 16     | 5:44   | 157,20 | 18:10:19 | 6:56   | 2             | 1:07:51 | 24     | 5:13:10 |
| Friedrich-Ludwig    | 4,20  | 26:35   | 6:19   | 5             | 3:07  | 25     | 6:49   | 161,90 | 18:36:54 | 6:53   | 2             | 1:10:20 | 24     | 5:19:13 |