



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Klauke, Sophie Laureen

Club: Erfurter LAC

Number: 102

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 19:48

Speed: 12.12 km/h

Running performance: 4:57 min/km

Rank in course/Total: 121 (of 446)

Rank in course/Women: 18 (of 168)

Best time in course: 13:59

Rank in category: 5(of 27)

Best time in the category: 18:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecke	2.00	9:20	4:40	4	0:14	15	2:25	2.00	9:20	4:40	24		10	2:25
Leichtathletikhalle	2.00	10:28	5:14	10	1:24	38	3:24	4.00	19:48	4:57	5	1:20	18	5:49