



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Pauli, Christian

Club: Weimar

Number: 1399

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M30 (30-39 Jahre)

Total time: 58:27

Speed: 10.27 km/h

Running performance: 5:50 min/km

Rank in course/Total: 513 (of 637)

Rank in course/Men: 429 (of 493)

Best time in course: 31:35

Rank in category: 121(of 133)

Best time in the category: 32:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	13:10	6:34	130	6:53	481	6:53	2.00	13:10	6:34	124	6:53	314	6:53
Runde Langstrec	2.00	11:31	5:45	120	5:08	436	5:08	4.00	24:41	6:10	124	12:01	314	12:01
Runde Langstrec	2.00	11:14	5:36	112	4:46	398	4:46	6.00	35:55	5:59	124	16:47	313	16:47
Runde Langstrec	2.00	11:23	5:41	112	4:59	398	4:59	8.00	47:18	5:54	123	21:46	266	21:46
Leichtathletikhal	2.00	11:09	5:34	112	4:40	393	5:06	10.00	58:27	5:50	121	26:26	429	26:52