



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Wipprecht, Axel

Club: Erfurt

Number: 1214

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M30 (30-39 Jahre)

Total time: 50:06

Speed: 11.98 km/h

Running performance: 5:01 min/km

Rank in course/Total: 262 (of 637)

Rank in course/Men: 241 (of 493)

Best time in course: 31:35

Rank in category: 77(of 133)

Best time in the category: 32:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	9:53	4:56	70	3:36	209	3:36	2.00	9:53	4:56	75	3:36	198	3:36
Runde Langstrec	2.00	9:40	4:49	73	3:17	218	3:17	4.00	19:33	4:53	126	6:53	136	6:53
Runde Langstrec	2.00	10:05	5:02	77	3:37	247	3:37	6.00	29:38	4:56	126	10:30	448	10:30
Runde Langstrec	2.00	10:22	5:11	83	3:58	277	3:58	8.00	40:00	5:00	125	14:28	443	14:28
Leichtathletikh	2.00	10:06	5:02	84	3:37	278	4:03	10.00	50:06	5:00	77	18:05	241	18:31