



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Fuckel, Daniel

Club: Erfurt

Number: 1042

Course: 10.00 km

Vintage VDB Lauf

Category:

Männer (20-29 Jahre)

Total time: 45:40

Speed: 13.14 km/h

Running performance: 4:34 min/km

Rank in course/Total: 152 (of 637)

Rank in course/Men: 145 (of 493)

Best time in course: 31:35

Rank in category: 28(of 69)

Best time in the category: 31:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	9:17	4:38	29	3:00	157	3:00	2.00	9:17	4:38	29		101	3:00
Runde Langstrec	2.00	9:01	4:30	27	2:38	143	2:38	4.00	18:18	4:34	29		456	5:38
Runde Langstrec	2.00	9:08	4:33	28	2:40	136	2:40	6.00	27:26	4:34	29		366	8:18
Runde Langstrec	2.00	9:17	4:38	27	2:53	143	2:53	8.00	36:43	4:35	18		450	11:11
Leichtathletikh	2.00	8:57	4:28	29	2:54	133	2:54	10.00	45:40	4:33	28	14:05	145	14:05