



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Lehmann, Maria

Club: TSV 1880 Gera-Zwötzen

Number: 1179

Course: 10.00 km

Vintage VDB Lauf

Category:

Frauen (20-29 Jahre)

Total time: 47:26

Speed: 12.65 km/h

Running performance: 4:44 min/km

Rank in course/Total: 188 (of 637)

Rank in course/Women: 11 (of 144)

Best time in course: 38:07

Rank in category: 6(of 24)

Best time in the category: 42:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Langstrec	2.00	9:00	4:30	4	0:33	7	1:40	2.00	9:00	4:30	2		142	1:40
Runde Langstrec	2.00	9:26	4:43	5	0:59	9	1:49	4.00	18:26	4:36	2		142	3:29
Runde Langstrec	2.00	9:35	4:47	6	1:14	13	1:49	6.00	28:01	4:40	2		142	5:18
Runde Langstrec	2.00	9:45	4:52	8	1:18	15	1:59	8.00	37:46	4:43	2		132	7:17
Leichtathletikh	2.00	9:40	4:49	9	1:22	16	2:02	10.00	47:26	4:44	6	5:26	11	9:19