



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Oschmann-Kohl, Annett

Club: SSV 02

Number: 320

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Seniorinnen W30 (30-39 Jahre)

Total time: 21:17

Speed: 11.28 km/h

Running performance: 5:19 min/km

Rank in course/Total: 179 (of 446)

Rank in course/Women: 35 (of 168)

Best time in course: 13:59

Rank in category: 4(of 34)

Best time in the category: 19:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecke	2.00	11:03	5:31	6	1:18	49	4:08	2.00	11:03	5:31	24		36	4:08
Leichtathletikhalle	2.00	10:14	5:06	4	0:25	28	3:10	4.00	21:17	5:19	4	1:20	35	7:18