



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Köbis, Leon

Club: SV Empor Walschleben e.V.

Number: 29

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 22:10

Speed: 10.83 km/h

Running performance: 5:32 min/km

Rank in course/Total: 218 (of 446)

Rank in course/Men: 166 (of 278)

Best time in course: 12:07

Rank in category: 15(of 17)

Best time in the category: 12:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	11:37	5:48	15	5:17	188	5:29	2.00	11:37	5:48	7	2:00	125	5:29
Leichtathletikhalle	2.00	10:33	5:16	15	4:05	147	4:34	4.00	22:10	5:32	15	9:22	166	10:03