



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Meyer, Klaus-Gunter

Club: Waltershausen

Number: 154

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Senioren M60 (60-69 Jahre)

Total time: 25:12

Speed: 9.52 km/h

Running performance: 6:18 min/km

Rank in course/Total: 347 (of 446)

Rank in course/Men: 235 (of 278)

Best time in course: 12:07

Rank in category: 16(of 16)

Best time in the category: 17:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	13:18	6:39	16	4:30	257	7:10	2.00	13:18	6:39	9	3:51	126	7:10
Leichtathletikhalle	2.00	11:54	5:57	15	2:55	218	5:55	4.00	25:12	6:17	16	7:25	235	13:05