



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Schallert, Marc

Number: 463

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Männer (20-29 Jahre)

Total time: 23:16

Speed: 10.32 km/h

Running performance: 5:49 min/km

Rank in course/Total: 268 (of 446)

Rank in course/Men: 197 (of 278)

Best time in course: 12:07

Rank in category: 22(of 25)

Best time in the category: 12:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	11:22	5:41	20	5:14	174	5:14	2.00	11:22	5:41	11	2:06	134	5:14
Leichtathletikhalle	2.00	11:54	5:57	22	5:55	218	5:55	4.00	23:16	5:48	22	11:09	197	11:09