



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Rauch, Eric

Club: RSC Turbine Erfurt

Number: 313

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 17:43

Speed: 13.55 km/h

Running performance: 4:26 min/km

Rank in course/Total: 63 (of 446)

Rank in course/Men: 55 (of 278)

Best time in course: 12:07

Rank in category: 5(of 19)

Best time in the category: 14:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	8:25	4:12	4	0:59	39	2:17	2.00	8:25	4:12	19		15	2:17
Leichtathletikhalle	2.00	9:18	4:39	8	1:48	78	3:19	4.00	17:43	4:25	5	2:47	55	5:36