



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Gebhardt, Michael

Club: MTV 1866 Erfurt

Number: 455

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Senioren M50 (50-59 Jahre)

Total time: 25:27

Speed: 9.43 km/h

Running performance: 6:22 min/km

Rank in course/Total: 358 (of 446)

Rank in course/Men: 241 (of 278)

Best time in course: 12:07

Rank in category: 26(of 35)

Best time in the category: 15:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	13:38	6:48	30	6:01	260	7:30	2.00	13:38	6:48	32		136	7:30
Leichtathletikhalle	2.00	11:49	5:54	22	4:00	216	5:50	4.00	25:27	6:21	26	10:01	241	13:20