



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Pidde, Waldemar

Club: Waltershausen

Number: 80

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Senioren M70 (70 und älter Jahre)

Total time: 29:04

Speed: 8.26 km/h

Running performance: 7:16 min/km

Rank in course/Total: 426 (of 446)

Rank in course/Men: 272 (of 278)

Best time in course: 12:07

Rank in category: 5(of 5)

Best time in the category: 19:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	14:15	7:07	5	4:50	270	8:07	2.00	14:15	7:07	3	4:50	152	8:07
Leichtathletikhalle	2.00	14:49	7:24	5	4:54	267	8:50	4.00	29:04	7:15	5	9:44	272	16:57