



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Brill, Uwe

Club: LTV Erfurt

Number: 113

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Senioren M50 (50-59 Jahre)

Total time: 28:40

Speed: 8.37 km/h

Running performance: 7:10 min/km

Rank in course/Total: 421 (of 446)

Rank in course/Men: 270 (of 278)

Best time in course: 12:07

Rank in category: 33(of 35)

Best time in the category: 15:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	14:19	7:09	33	6:42	271	8:11	2.00	14:19	7:09	35		153	8:11
Leichtathletikhalle	2.00	14:21	7:10	33	6:32	265	8:22	4.00	28:40	7:10	33	13:14	270	16:33