



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Hollitzer, Kerstin

Club: Eisenach

Number: 325

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Seniorinnen W40 (40-49 Jahre)

Total time: 25:06

Speed: 9.56 km/h

Running performance: 6:17 min/km

Rank in course/Total: 340 (of 446)

Rank in course/Women: 108 (of 168)

Best time in course: 13:59

Rank in category: 23(of 33)

Best time in the category: 19:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecke	2.00	13:31	6:45	25	4:04	135	6:36	2.00	13:31	6:45	21	0:24	54	6:36
Leichtathletikhalle	2.00	11:35	5:47	14	2:16	84	4:31	4.00	25:06	6:16	23	6:02	108	11:07