



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Echazu, Clara

Number: 355

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 23:35

Speed: 10.18 km/h

Running performance: 5:54 min/km

Rank in course/Total: 293 (of 446)

Rank in course/Women: 85 (of 168)

Best time in course: 13:59

Rank in category: 17(of 27)

Best time in the category: 18:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecke	2.00	11:49	5:54	16	2:43	71	4:54	2.00	11:49	5:54	16	1:19	49	4:54
Leichtathletikhalle	2.00	11:46	5:53	19	2:42	97	4:42	4.00	23:35	5:53	17	5:07	85	9:36