



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Rzepka, Maximilian

Club: Erfurt

Number: 161

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Männer (20-29 Jahre)

Total time: 23:21

Speed: 10.28 km/h

Running performance: 5:50 min/km

Rank in course/Total: 277 (of 446)

Rank in course/Men: 202 (of 278)

Best time in course: 12:07

Rank in category: 23(of 25)

Best time in the category: 12:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	12:14	6:06	23	6:06	215	6:06	2.00	12:14	6:06	9	2:58	175	6:06
Leichtathletikhalle	2.00	11:07	5:33	20	5:08	184	5:08	4.00	23:21	5:50	23	11:14	202	11:14