



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Schmeißer, Daniel

Club: FC Turbine Niedernissa

Number: 274

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Männer (20-29 Jahre)

Total time: 22:49

Speed: 10.52 km/h

Running performance: 5:42 min/km

Rank in course/Total: 245 (of 446)

Rank in course/Men: 181 (of 278)

Best time in course: 12:07

Rank in category: 20(of 25)

Best time in the category: 12:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	10:46	5:23	16	4:38	143	4:38	2.00	10:46	5:23	8	1:30	176	4:38
Leichtathletikhalle	2.00	12:03	6:01	23	6:04	224	6:04	4.00	22:49	5:42	20	10:42	181	10:42