



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Möller, Stefan

Club: Erfurt

Number: 429

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Senioren M30 (30-39 Jahre)

Total time: 25:29

Speed: 9.42 km/h

Running performance: 6:22 min/km

Rank in course/Total: 363 (of 446)

Rank in course/Men: 244 (of 278)

Best time in course: 12:07

Rank in category: 36(of 41)

Best time in the category: 13:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	12:48	6:24	31	6:07	235	6:40	2.00	12:48	6:24	2	1:17	139	6:40
Leichtathletikhalle	2.00	12:41	6:20	38	6:01	248	6:42	4.00	25:29	6:22	36	12:08	244	13:22