



# 41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

## Detailed evaluation

**Meyer, Olaf**

Club: FSV 1950 Gotha

Number: 173

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Senioren M40 (40-49 Jahre)

Total time: 17:01

Speed: 14.10 km/h

Running performance: 4:15 min/km

Rank in course/Total: 46 (of 446)

Rank in course/Men: 41 (of 278)

Best time in course: 12:07

Rank in category: 5(of 60)

Best time in the category: 14:12

## Intermediate times

## Stage score

## Total ranking

| Control             | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men | Total<br>km | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
|---------------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|
| Runde Kurzstrecke   | 2.00        | 8:30          | 4:15            | 7           | 1:35           | 43         | 2:22          | 2.00        | 8:30          | 4:15            | 34          |                | 20         | 2:22          |
| Leichtathletikhalle | 2.00        | 8:31          | 4:15            | 5           | 1:14           | 39         | 2:32          | 4.00        | 17:01         | 4:15            | 5           | 2:49           | 41         | 4:54          |