



# 41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

## Detailed evaluation

**Sachse, Juliane**

Club: Schallenburg

Number: 240

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Seniorinnen W30 (30-39 Jahre)

Total time: 22:59

Speed: 10.44 km/h

Running performance: 5:45 min/km

Rank in course/Total: 255 (of 446)

Rank in course/Women: 66 (of 168)

Best time in course: 13:59

Rank in category: 10(of 34)

Best time in the category: 19:57

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecke	2.00	11:56	5:58	13	2:11	77	5:01	2.00	11:56	5:58	8		38	5:01
Leichtathletikhalle	2.00	11:03	5:31	11	1:14	57	3:59	4.00	22:59	5:44	10	3:02	66	9:00