



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Dobers, Michelle

Number: 483

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Frauen (20-29 Jahre)

Total time: 26:10

Speed: 9.17 km/h

Running performance: 6:32 min/km

Rank in course/Total: 383 (of 446)

Rank in course/Women: 127 (of 168)

Best time in course: 13:59

Rank in category: 19(of 25)

Best time in the category: 16:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecke	2.00	12:48	6:24	16	4:50	108	5:53	2.00	12:48	6:24	1	-	99	5:53
Leichtathletikhalle	2.00	13:22	6:41	20	5:04	134	6:18	4.00	26:10	6:32	19	9:54	127	12:11