



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Neumeyer, Kay

Club: Gierstädt

Number: 128

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Senioren M50 (50-59 Jahre)

Total time: 23:01

Speed: 10.43 km/h

Running performance: 5:45 min/km

Rank in course/Total: 257 (of 446)

Rank in course/Men: 190 (of 278)

Best time in course: 12:07

Rank in category: 19(of 35)

Best time in the category: 15:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	11:34	5:46	18	3:57	186	5:26	2.00	11:34	5:46	6		160	5:26
Leichtathletikhalle	2.00	11:27	5:43	20	3:38	199	5:28	4.00	23:01	5:45	19	7:35	190	10:54