



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Köhler, Peter

Club: Eisenach

Number: 324

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Senioren M50 (50-59 Jahre)

Total time: 25:07

Speed: 9.56 km/h

Running performance: 6:17 min/km

Rank in course/Total: 343 (of 446)

Rank in course/Men: 232 (of 278)

Best time in course: 12:07

Rank in category: 24(of 35)

Best time in the category: 15:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	13:31	6:45	29	5:54	259	7:23	2.00	13:31	6:45	11		197	7:23
Leichtathletikhalle	2.00	11:36	5:47	21	3:47	207	5:37	4.00	25:07	6:16	24	9:41	232	13:00