



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Zellner, Hardis

Club: Erfurt

Number: 236

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Seniorinnen W60 (60-69 Jahre)

Total time: 27:52

Speed: 8.61 km/h

Running performance: 6:58 min/km

Rank in course/Total: 412 (of 446)

Rank in course/Women: 147 (of 168)

Best time in course: 13:59

Rank in category: 5(of 6)

Best time in the category: 25:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecke	2.00	14:04	7:01	6	1:21	152	7:09	2.00	14:04	7:01	4	1:05	108	7:09
Leichtathletikhalle	2.00	13:48	6:54	5	1:38	142	6:44	4.00	27:52	6:58	5	2:43	147	13:53