



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Alberti, Carolin

Club: SV 1899 Mühlhausen

Number: 390

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 22:14

Speed: 10.79 km/h

Running performance: 5:34 min/km

Rank in course/Total: 220 (of 446)

Rank in course/Women: 53 (of 168)

Best time in course: 13:59

Rank in category: 14(of 27)

Best time in the category: 18:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecke	2.00	10:20	5:10	7	1:14	27	3:25	2.00	10:20	5:10	12		11	3:25
Leichtathletikhalle	2.00	11:54	5:57	20	2:50	99	4:50	4.00	22:14	5:33	14	3:46	53	8:15