



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Drechsel, Thomas

Club: SV Ollendorf

Number: 47

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Senioren M50 (50-59 Jahre)

Total time: 30:41

Speed: 7.82 km/h

Running performance: 7:40 min/km

Rank in course/Total: 438 (of 446)

Rank in course/Men: 275 (of 278)

Best time in course: 12:07

Rank in category: 34(of 35)

Best time in the category: 15:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	14:37	7:18	34	7:00	273	8:29	2.00	14:37	7:18	12		202	8:29
Leichtathletikhalle	2.00	16:04	8:01	34	8:15	274	10:05	4.00	30:41	7:40	34	15:15	275	18:34