



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Richter, Melanie

Club: Club maritim Erfurt e.V.

Number: 81

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 29:47

Speed: 8.06 km/h

Running performance: 7:27 min/km

Rank in course/Total: 431 (of 446)

Rank in course/Women: 158 (of 168)

Best time in course: 13:59

Rank in category: 27(of 27)

Best time in the category: 18:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecke	2.00	15:05	7:32	27	5:59	163	8:10	2.00	15:05	7:32	11	4:35	115	8:10
Leichtathletikhalle	2.00	14:42	7:20	25	5:38	154	7:38	4.00	29:47	7:26	27	11:19	158	15:48