



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Rebenschütz, Erik

Club: Erfurt

Number: 207

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

männliche Schüler U12 (11 Jahre und jünger)

Total time: 30:30

Speed: 7.87 km/h

Running performance: 7:37 min/km

Rank in course/Total: 436 (of 446)

Rank in course/Men: 274 (of 278)

Best time in course: 12:07

Rank in category: 42(of 43)

Best time in the category: 16:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	15:26	7:43	42	7:23	275	9:18	2.00	15:26	7:43	13	3:47	203	9:18
Leichtathletikhalle	2.00	15:04	7:31	42	6:46	270	9:05	4.00	30:30	7:37	42	14:09	274	18:23