



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Hoffmann, Martin

Club: BadLangensalza

Number: 76

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Senioren M40 (40-49 Jahre)

Total time: 26:19

Speed: 9.12 km/h

Running performance: 6:35 min/km

Rank in course/Total: 386 (of 446)

Rank in course/Men: 258 (of 278)

Best time in course: 12:07

Rank in category: 55(of 60)

Best time in the category: 14:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	12:30	6:15	49	5:35	227	6:22	2.00	12:30	6:15	12	1:22	154	6:22
Leichtathletikhalle	2.00	13:49	6:54	57	6:32	263	7:50	4.00	26:19	6:34	55	12:07	258	14:12