



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Himmelstoß, Antonio

Club: RSC Turbine Erfurt

Number: 310

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

männliche Schüler U12 (11 Jahre und jünger)

Total time: 20:28

Speed: 11.73 km/h

Running performance: 5:07 min/km

Rank in course/Total: 145 (of 446)

Rank in course/Men: 117 (of 278)

Best time in course: 12:07

Rank in category: 13(of 43)

Best time in the category: 16:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	9:38	4:48	10	1:35	95	3:30	2.00	9:38	4:48	14		86	3:30
Leichtathletikhalle	2.00	10:50	5:25	20	2:32	163	4:51	4.00	20:28	5:06	13	4:07	117	8:21