



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Walleit, Pascal

Club: LG Bad Frankenhausen/Göllingen
Number: 224

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Männer (20-29 Jahre)

Total time: 17:01

Speed: 14.10 km/h

Running performance: 4:15 min/km

Rank in course/Total: 47 (of 446)

Rank in course/Men: 41 (of 278)

Best time in course: 12:07

Rank in category: 8(of 25)

Best time in the category: 12:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	8:28	4:14	8	2:20	41	2:20	2.00	8:28	4:14	21		30	2:20
Leichtathletikhalle	2.00	8:33	4:16	8	2:34	40	2:34	4.00	17:01	4:15	8	4:54	41	4:54