



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Schermesser, Tatjana

Club: speedy hares

Number: 232

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Seniorinnen W50 (50-59 Jahre)

Total time: 24:30

Speed: 9.80 km/h

Running performance: 6:07 min/km

Rank in course/Total: 328 (of 446)

Rank in course/Women: 102 (of 168)

Best time in course: 13:59

Rank in category: 4(of 12)

Best time in the category: 22:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecke	2.00	12:04	6:01	2	0:52	80	5:09	2.00	12:04	6:01	10		140	5:09
Leichtathletikhalle	2.00	12:26	6:13	4	1:18	116	5:22	4.00	24:30	6:07	4	1:52	102	10:31