



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Hanstein, André

Number: 486

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Männer (20-29 Jahre)

Total time: 25:30

Speed: 9.41 km/h

Running performance: 6:23 min/km

Rank in course/Total: 366 (of 446)

Rank in course/Men: 245 (of 278)

Best time in course: 12:07

Rank in category: 25(of 25)

Best time in the category: 12:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	12:48	6:24	25	6:40	235	6:40	2.00	12:48	6:24	6	3:32	139	6:40
Leichtathletikhalle	2.00	12:42	6:20	24	6:43	249	6:43	4.00	25:30	6:22	25	13:23	245	13:23