



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Kranz, Leon

Club: BSV Eintracht Sondershausen

Number: 464

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

männliche Jugend U16 (14-15 Jahre)

Total time: 17:15

Speed: 13.91 km/h

Running performance: 4:19 min/km

Rank in course/Total: 54 (of 446)

Rank in course/Men: 49 (of 278)

Best time in course: 12:07

Rank in category: 8(of 15)

Best time in the category: 13:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	8:32	4:15	7	2:12	47	2:24	2.00	8:32	4:15	3	2:12	34	2:24
Leichtathletikhalle	2.00	8:43	4:21	8	1:53	51	2:44	4.00	17:15	4:18	8	4:05	49	5:08