



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Brosin, Andreas

Club: Weimarer Löwen e.V.

Number: 351

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Senioren M40 (40-49 Jahre)

Total time: 19:12

Speed: 12.50 km/h

Running performance: 4:48 min/km

Rank in course/Total: 110 (of 446)

Rank in course/Men: 93 (of 278)

Best time in course: 12:07

Rank in category: 21(of 60)

Best time in the category: 14:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	9:38	4:48	20	2:43	95	3:30	2.00	9:38	4:48	28		86	3:30
Leichtathletikhalle	2.00	9:34	4:46	19	2:17	93	3:35	4.00	19:12	4:47	21	5:00	93	7:05