



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Minale, Luca

Club: Victoria Park Harriers

Number: 69

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 14:56

Speed: 16.07 km/h

Running performance: 3:44 min/km

Rank in course/Total: 15 (of 446)

Rank in course/Men: 14 (of 278)

Best time in course: 12:07

Rank in category: 1(of 19)

Best time in the category: 14:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	7:26	3:43	1	-	17	1:18	2.00	7:26	3:43	2		42	1:18
Leichtathletikhalle	2.00	7:30	3:45	1	-	12	1:31	4.00	14:56	3:44	1	-	14	2:49