



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Häusler, Daniel

Club: SV Hermsdorf

Number: 1258

Course: 10.00 km

Vintage VDB Lauf

Category:

Männer (20-29 Jahre)

Total time: 36:38

Speed: 16.38 km/h

Running performance: 3:40 min/km

Rank in course/Total: 15 (of 637)

Rank in course/Men: 15 (of 493)

Best time in course: 31:35

Rank in category: 9(of 69)

Best time in the category: 31:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	7:04	3:31	6	0:47	13	0:47	2.00	7:04	3:31	46		11	0:47
Runde Langstrec	2.00	7:25	3:42	11	1:02	19	1:02	4.00	14:29	3:37	48		11	1:49
Runde Langstrec	2.00	7:27	3:43	7	0:59	12	0:59	6.00	21:56	3:39	48		11	2:48
Runde Langstrec	2.00	7:25	3:42	7	1:01	12	1:01	8.00	29:21	3:40	47		10	3:49
Leichtathletikh	2.00	7:17	3:38	9	1:14	13	1:14	10.00	36:38	3:39	9	5:03	15	5:03