



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Quellmalz, Eric

Club: LTV Erfurt

Number: 1494

Course: 10.00 km

Vintage VDB Lauf

Category:

Männer (20-29 Jahre)

Total time: 35:46

Speed: 16.78 km/h

Running performance: 3:35 min/km

Rank in course/Total: 9 (of 637)

Rank in course/Men: 9 (of 493)

Best time in course: 31:35

Rank in category: 5(of 69)

Best time in the category: 31:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	6:38	3:19	3	0:21	7	0:21	2.00	6:38	3:19	44		17	0:21
Runde Langstrec	2.00	7:09	3:34	3	0:46	7	0:46	4.00	13:47	3:26	44		17	1:07
Runde Langstrec	2.00	7:25	3:42	6	0:57	11	0:57	6.00	21:12	3:31	44		17	2:04
Runde Langstrec	2.00	7:29	3:44	9	1:05	16	1:05	8.00	28:41	3:35	43		16	3:09
Leichtathletikh	2.00	7:05	3:32	6	1:02	10	1:02	10.00	35:46	3:34	5	4:11	9	4:11