



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Warmuth, Kenneth

Club: LTV-Erfurt

Number: 1588

Course: 10.00 km

Vintage VDB Lauf

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 38:41

Speed: 15.51 km/h

Running performance: 3:52 min/km

Rank in course/Total: 25 (of 637)

Rank in course/Men: 24 (of 493)

Best time in course: 31:35

Rank in category: 4(of 21)

Best time in the category: 33:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	7:10	3:35	4	0:53	17	0:53	2.00	7:10	3:35	19		29	0:53
Runde Langstrec	2.00	7:47	3:53	5	1:17	28	1:24	4.00	14:57	3:44	19		19	2:17
Runde Langstrec	2.00	8:09	4:04	4	1:21	37	1:41	6.00	23:06	3:51	19		30	3:58
Runde Langstrec	2.00	7:55	3:57	4	1:08	22	1:31	8.00	31:01	3:52	18		29	5:29
Leichtathletikhal	2.00	7:40	3:50	4	0:59	22	1:37	10.00	38:41	3:52	4	5:38	24	7:06