



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Günther, Tom

Club: SV Alach

Number: 284

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

männliche Schüler U12 (11 Jahre und jünger)

Total time: 18:58

Speed: 12.65 km/h

Running performance: 4:44 min/km

Rank in course/Total: 100 (of 446)

Rank in course/Men: 84 (of 278)

Best time in course: 12:07

Rank in category: 9(of 43)

Best time in the category: 16:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	9:17	4:38	8	1:14	75	3:09	2.00	9:17	4:38	25		40	3:09
Leichtathletikhalle	2.00	9:41	4:50	9	1:23	102	3:42	4.00	18:58	4:44	9	2:37	84	6:51