



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Wilck, Andreas

Club: Sömmerdaer Gipfelstürmer

Number: 1159

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M50 (50-59 Jahre)

Total time: 41:32

Speed: 14.45 km/h

Running performance: 4:09 min/km

Rank in course/Total: 55 (of 637)

Rank in course/Men: 54 (of 493)

Best time in course: 31:35

Rank in category: 1(of 103)

Best time in the category: 41:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	7:56	3:58	1	-	43	1:39	2.00	7:56	3:58	3		59	1:39
Runde Langstrec	2.00	8:17	4:08	1	-	58	1:54	4.00	16:13	4:03	3		54	3:33
Runde Langstrec	2.00	8:27	4:13	1	-	57	1:59	6.00	24:40	4:06	3		59	5:32
Runde Langstrec	2.00	8:31	4:15	1	-	57	2:07	8.00	33:11	4:08	3		58	7:39
Leichtathletikh	2.00	8:21	4:10	2	0:08	70	2:18	10.00	41:32	4:09	1	-	54	9:57