



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Bürger, Thomas

Club: Hörselberg-Hainich

Number: 1276

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M40 (40-49 Jahre)

Total time: 43:19

Speed: 13.85 km/h

Running performance: 4:20 min/km

Rank in course/Total: 82 (of 637)

Rank in course/Men: 80 (of 493)

Best time in course: 31:35

Rank in category: 13(of 135)

Best time in the category: 33:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	8:02	4:00	8	1:34	47	1:45	2.00	8:02	4:00	14	1:34	36	1:45
Runde Langstrec	2.00	8:26	4:13	10	1:44	63	2:03	4.00	16:28	4:06	14	3:18	70	3:48
Runde Langstrec	2.00	8:49	4:24	22	1:57	89	2:21	6.00	25:17	4:12	14	5:15	70	6:09
Runde Langstrec	2.00	9:04	4:31	25	2:18	113	2:40	8.00	34:21	4:17	13	7:33	69	8:49
Leichtathletikh	2.00	8:58	4:29	35	2:11	136	2:55	10.00	43:19	4:19	13	9:44	80	11:44