



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Bachmann, Nico

Club: SV Kyffhäuser

Number: 1200

Course: 10.00 km

Vintage VDB Lauf

Category:

Männer (20-29 Jahre)

Total time: 45:16

Speed: 13.25 km/h

Running performance: 4:32 min/km

Rank in course/Total: 137 (of 637)

Rank in course/Men: 132 (of 493)

Best time in course: 31:35

Rank in category: 25(of 69)

Best time in the category: 31:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	9:10	4:34	27	2:53	142	2:53	2.00	9:10	4:34	68		106	2:53
Runde Langstrec	2.00	8:51	4:25	25	2:28	125	2:28	4.00	18:01	4:30	68		106	5:21
Runde Langstrec	2.00	9:00	4:30	23	2:32	118	2:32	6.00	27:01	4:30	60		106	7:53
Runde Langstrec	2.00	9:12	4:35	25	2:48	127	2:48	8.00	36:13	4:31	67		105	10:41
Leichtathletikhal	2.00	9:03	4:31	30	3:00	143	3:00	10.00	45:16	4:31	25	13:41	132	13:41