



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Götze, Franz

Club: A-B-C Freyburg

Number: 1435

Course: 10.00 km

Vintage VDB Lauf

Category:

Männer (20-29 Jahre)

Total time: 45:59

Speed: 13.05 km/h

Running performance: 4:36 min/km

Rank in course/Total: 155 (of 637)

Rank in course/Men: 149 (of 493)

Best time in course: 31:35

Rank in category: 29(of 69)

Best time in the category: 31:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	10:06	5:02	39	3:49	233	3:49	2.00	10:06	5:02	67		109	3:49
Runde Langstrec	2.00	9:01	4:30	27	2:38	143	2:38	4.00	19:07	4:46	67		109	6:27
Runde Langstrec	2.00	9:12	4:35	30	2:44	147	2:44	6.00	28:19	4:43	67		109	9:11
Runde Langstrec	2.00	9:10	4:34	24	2:46	126	2:46	8.00	37:29	4:41	66		108	11:57
Leichtathletikh	2.00	8:30	4:15	21	2:27	83	2:27	10.00	45:59	4:35	29	14:24	149	14:24